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Surely it is not unreasonable for us to expect that a community which requires service of so broad and varied a character from its graduate nurses be also sufficiently intelligent to realize that progress and development in our schools of nursing can only be assured when adequate financial support is obtained, and when schools of nursing are granted the recognition afforded other educational organizations. Then, and not until then, will the training schools be enabled to give a dignified and suitable preparation to the young women of superior intelligence and ability who will only enroll for such work when many of our present obsolete methods are eliminated, and when nursing education becomes an actuality and not merely a name.

THE SAND BAG AS AN AID IN X-RAY WORK

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The following suggestion, given me by a rontgenologist, in an Army Base Hospital, may be appreciated by some one else as it was by me, so I want to pass it along.

In making X-Ray plates, one of the most useful articles that I had at hand was the sand bag. Stationed near the beach, where good sand could be procured, I made three pairs of bags grading from 8 in. by 8 in., 8 in. by 4 in., 10 in. by 4 in. I made the bags of canvas and then covered them with rubber sheeting, so that if soiled they could be washed off.

Taking a strip of strong muslin and folding to make a strap 2 in. wide by 72 in. long, I pinned loops in the end of the strap and could thus insert the bags through the loops.

When making an exposure of the foot, all one had to do to steady the part, was to throw the strap over the limb, letting the bags hang over the edge of the table. If skull plates were wanted, again the strap across the forehead, bags hanging, was one of the best methods for stability for an eight to ten-second exposure necessary in cranium work, and the strap did not in any way interfere with the exposure by casting shadows, etc. In making exposure it was a rare occasion when it was necessary for any worker to expose himself unnecessarily to the rays by having to hold the part steady, which to me is a factor worthy of notice.